

Bomber Heights

NEIGHBORHOOD ASSOCIATION

September 2011
6th Year 9th Edition

P.O. Box 123204 Fort Worth, TX 76121

www.bomberheights.org

Bomber Heights Neighborhood Association

Monday, September 19th, 2011
6:30pm Meet & Greet
7:00pm Meeting

**Agape Baptist Church, Faith Hall
3900 Southwest Blvd.**

Speaker: Conneka Neal, Principal

Topic: "Middle Level Learning Center"

Concerned about the changes in our neighborhood schools? Yes, we have a new Middle Level Learning Center located at 4921 Benbrook Hwy. Want to know more? Join us at this informative meeting.

Happy 90th Birthday Charlene Presley!
Join us for cake in honor of this milestone.

*Voting to approve the Bomber Heights street topper design below.



Dawn's Dialogue

Thank goodness for the break Mother Nature gave us with awesome weather this Labor Day Holiday. It was much needed and makes me look forward to fall, pumpkins and the leaves changing color in the neighborhood (the one's we have left that is)!

The BHNA calendar is also changing as the end of the year brings many events to the neighborhood. In just a few weeks we will have our Annual Rummage Sale and your donations are needed. If you are planning your own garage sale, make plans to join us on September 24th and sign up for our Scattered Site Sale for only \$10 (see page 2 for details). October brings National Night Out on Tuesday, October 4th from 6-8 pm. Join us at our October General Meeting for Bingo and Chili Night!

WOW!....we have a lot to do before the end of the year. Canned and monetary donations are needed for our Holiday Food Basket and our Election is also right around the corner.

Please plan to join us at our General Meetings and scheduled activities to get to know your neighbors. We welcome your suggestions and look forward to seeing you there.

Your Neighbor and President,

Dawn Fain

School News



Friday, September 16th - No School (Waiver Day)

Monday, September 19th – FWISD College Night



Open House

Thursday, September 15th

6:00 p.m. - 8:00 p.m.



Homecoming – Friday, September 30th

Support your WHHS Cougars by coming out to the parade and the football game that evening. WHHS Alumni are welcome to attend both events and cheer on their Alma Mater!!



AUGUST GENERAL MEETING - WHERE WERE YOU?

FWISD Parent Engagement Director, Stephanie Jackson, shared “Back to School” information and encouraged parent and community involvement. Highlights included the Parent Information Line where parents can call to get questions answered and programs such as Practical Parenting Classes, Abriendo Puertas (Opening Doors), Parents As Teachers, Parent University, and the new Parent Portal which was piloted last year and will be available in all schools beginning in January or February of 2012. FWISD is making great strides and needs our continued support!

To follow what is happening in our schools and obtain additional details, check out the website at www.fwisd.org

Rummage/Scattered Site Sale

Saturday, September 24th
8am to 2pm
Agape Baptist Church
Faith Hall Parking Lot

Donations needed for BHNA Rummage Sale please call Audra Andrews at (817) 763-5453 or email at volunteer@bomberheights.org.

Too much stuff to donate and need the extra money? Sign up for our Scattered Site Sale. For only \$10 Bomber Heights NA will provide an ad in the Star-Telegram, city permits, garage sale rules, maps and a list of participating homes. All you need to do is hold your own garage sale as usual. The added benefit is BHNA will direct all of our customers to your sale.

Checks must be received by Monday, September 19th.
Mail to: BHNA
PO Box 123204
Fort Worth, TX 76121
Please include your name, address of garage sale, contact phone number and email address.

Email president@bomberheights.org if interested.



Heart Healthy Recipe

Vegetable-Beef Soup

Makes: 8 servings **Prep Time:** 11 minutes

Cook Time: 7 hours (crock pot)

Ingredients

- ¼ cup all-purpose flour
- 1 ½ pounds lean top round steak, cut into 1-inch cubes
- Cooking spray
- 2 teaspoons spicy herb blend (such as Mrs. Dash)
- 2 (16-ounce) packages frozen gumbo vegetable mix
- 1 (10-ounce) package frozen chopped onion
- 2 (14.5-ounce) cans diced tomatoes with garlic, *undrained*
- 2 (14.5-ounce) cans fat-free beef broth
- 1 tablespoon bottled minced garlic
- 1 tablespoon low-sodium Worcestershire sauce
- ½ teaspoon salt
- ½ teaspoon pepper

Directions:

Place flour in a large zip-top plastic bag; add steak cubes. Seal and shake to coat. Remove steak from bag; set aside.

Place a large nonstick skillet coated with cooking spray over medium-high heat until hot. Add steak, and cook until browned on all sides.

Place steak and remaining ingredients in a 4-quart electric cooker; stir well. Cover with lid; cook on high-heat setting 1 hour.

Reduce heat to low; cook 6 hours or until meat is done and vegetables are tender. www.myrecipes.com

BHNA Treasurer's Report for August 2011

Treasurer report as August 1 st	\$4,597.94
Deposits for August.....	\$0.00
Expenses for August.....	\$0.00
Ending Balance as of August 31 st	\$4,597.94

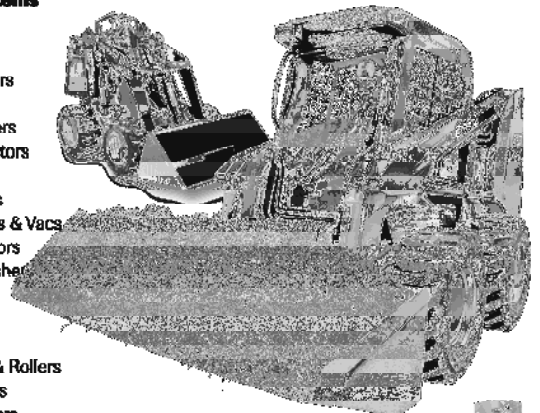
BHNA Meeting Minutes, *once approved*, are available to anyone upon request from the BHNA Secretary. Email secretary@bomberheights.org or call (817) 692-0072.

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BHNA Yard of the Month August 2011



An attractive, well kept home, located on Dilworth, displays a vibrant, nicely trimmed, green lawn with a splash of color, even during the recent drought conditions. With several trees, colorful containers, and well established plants lining the front entrance, it is clear the owner has taken pride in her neighborhood.

Thank you, Neighbor, for taking pride in your home and making a difference in Bomber Heights!!!

Welcome, Maria Ray, to Bomber Heights NA!!!!

MY GARAGE



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**Tired of Crime in Your Neighborhood?
Become a COP and Sign Up TODAY!!!**

Training Date

November 12th

8:00 am to 4:00 pm

Contact Officer Ladd
Phone (817) 851-9627
Email brent.ladd@fortworthgov.org

See How You Can Team Up with Your Neighbors and the
Fort Worth Police Department to Deter Crime and Make the
Bad Guys Go Somewhere Else!



Are You Having Concerns About The NEWS You Are Hearing?

Attend our monthly meetings and
Get The Facts.

- *District 3 City Councilman
- *Neighborhood Patrol Officer
- *Updates from Chesapeake
- *Code Compliance
- *Other Requested Resources

*General meetings are held the 3rd Monday of
each month (except December).*

Remaining meetings are:

- ***October 18th** Bingo Chili Dinner
- ***November 15th** Election / Volunteer Appreciation

Come on out to the **Fort Worth Nature Center & Refuge**
on **Saturday, October 1 from 10am – 3pm** for the **Lake
Worth Monster Bash**. The Bash is a tongue-in-cheek, family-
friendly festival that celebrates the legend of the Lake Worth
Monster (aka Goatman). Forty-two years ago, Fort Worth was
abuzz with reported sightings of the monster. Although the
creature – described as a hairy, scaly 7-foot tall man-goat-beast –
hasn't been seen regularly since that memorable summer of 1969,
Fort Worth residents can attend Monster Bash to celebrate the
local legend and the habitat he calls home.

Activities include hayrides, bison viewing, canoeing, a festival with
vendors, food and games, guided interpretive hikes, storytelling,
archery, a monster musical and much more! Music will be
provided by The Skip Pullig Band, Barbara Taylor, and Joel
McElhany. Author Ken Gerhard ("Monsters of Texas") will give a
free lecture on the monsters of Texas.

The festival is located at 9601 Fossil Ridge Road. Admission is \$5
for adults; \$3 for seniors; \$2 for ages 3 – 17; free for children
under 3 and for Friends of the Fort Worth Nature Center & Refuge
members. A \$1 discount is applied for military personnel with their
ID. Most activities will be free but some will require \$5 (i.e.
hayride, canoeing).

For more information: 817/392-7423;
www.fwnaturecenter.org or
michelle.villafanica@fortworthgov.org

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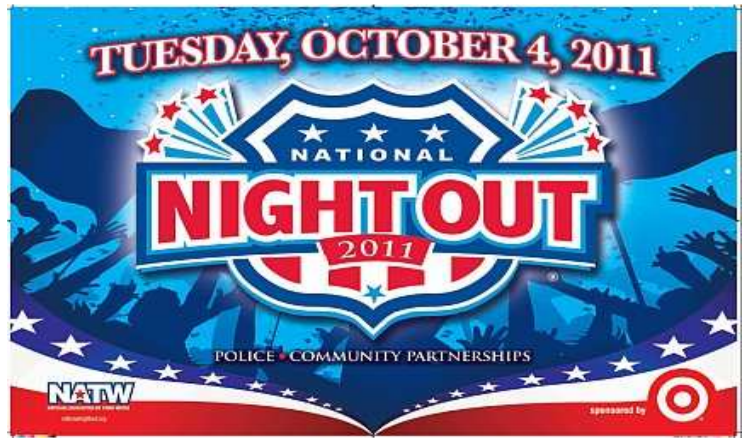
BHNA Yard of the Month September 2011



Hidden in the northeast corner of our neighborhood at 3820 Desert Ridge, this nice home is adorned with lush, green grass shaded by two large trees. Along attractive brick edged plant beds lining the front entrance, green perennials are plentiful among a few potted plants and a nice bird bath, keeping our feathered friends close.

Thanks for being a great neighbor and helping to keep Bomber Heights beautiful!

Welcome to Victor Rascon, our newest member of Bomber Heights NA!



BHNA invites all residents to participate in the 28th Annual National Night Out Celebration

Tuesday, October 4 6-8 p.m.

South Z Boaz Park

(Corner of Mary's Creek & Old Benbrook Road)

National Night Out is designed to:

- Heighten awareness of crime prevention
- Generate support for, and participation in local anti crime efforts
- Strengthen neighborhood spirit and police/community partnerships
- Send a message to criminals letting them know neighborhoods are organized and fighting back.

Come Join Us!

FW Police

**Citizens on Patrol
Games and Prizes**

FREE HOT DOGS

Goody Bags

Lots of Fun!

We encourage you to join with other neighbors in celebration by sending a message to criminals that we are fighting back and taking a stand against crime.

Your ideas and suggestions are welcomed. Please contact Audra Andrews, Volunteer Coordinator, @ 817-763-5453 or via the BHNA website for more information.



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From the
“Green
Thumb”
Guy.....

Yay! As I am sitting here writing, my window is open letting in some wonderful cool breezes! It’s about time for sure. As we all bid farewell to this miserable summer it is time to begin thinking about fall and everything that needs to be done around our landscapes. Research has shown that now is one of the very best times to fertilize your lawn and shrubs. The plants will utilize the nutrients much more efficiently and will be ready to burst into spring growth after the winter months have passed. You do not have to use a “Winterizer” fertilizer. A regular plant food (21-7-14 or 19-5-9 for example) will work great. An all-Nitrogen plant food (18-0-0) is recommended if your soil has a buildup of Phosphorus and Potassium. Too much of those particular elements can affect the way your plants absorb other nutrients. Contact the Tarrant County Extension Service at 817-884-1944 and they will send you a kit with instructions on how to send a sample for testing. At least half the Nitrogen in the bag should be in a slow-release form. The label will tell you how much the bag contains. The plants will absorb the nutrients much more slowly and over a longer period of time, helping maintain their strength through the cold weeks ahead. There are special “tree and shrub” foods available as well, but what I do is just let my regular lawn fertilizer go into my shrub beds as I’m humming along with my broadcast spreader. Be certain you’re not using a weed & feed type lawn food. The weed killer will damage any plants in and around your turf areas. Always water immediately after application. You may choose to use one of the many fine organic fertilizers available. Their Nitrogen is naturally in a slow-release form and it is not as crucial to water them in soon after application since they do not burn your grass as easily as the chemical fertilizers do. As always, a qualified nursery professional will be able to help with any questions you might have.

Next month, I’ll pass along some great ideas for fall color and in the meantime, let’s all go wash our cars and Make It Rain!!!

Fort Worth Water Restrictions in Effect

STAGE 1 WATERING SCHEDULE

MONDAY

No watering allowed

TUESDAY & FRIDAY

Non-residential sites (apartments, businesses, parks, common areas, etc.)

WEDNESDAY & SATURDAY

Residential addresses ending in 0, 2, 4, 6, 8

THURSDAY & SUNDAY

Residential addresses ending in 1, 3, 5, 7, 9



BHNA Calendar of Events

September

24th – Rummage & Scattered Site
Sale 8am – 2pm
Agape Baptist Church Faith Hall
Parking Lot

October

4th – National Night Out 6-8pm
S. Z Boaz Park

November

15th – Election

Important Numbers

BHNA City Council Member:

Zim Zimmerman District 3 (817) 392-8803

Email: district3@fortworthgov.org

Neighborhood Police Officer:

Officer Brent Ladd (817) 851-9627

Email: brent.ladd@fortworthgov.org

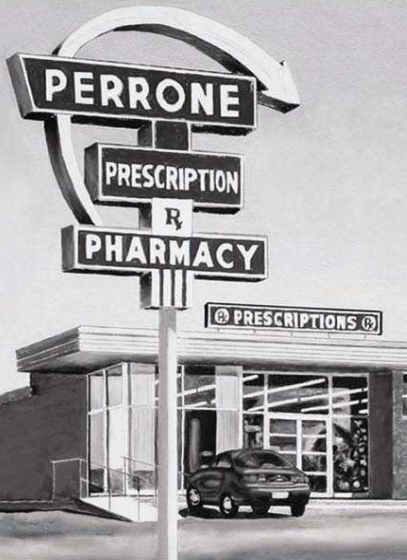
Code Enforcement Officer:

Autumn Jacobo (817) 965-6840

Email: Autumn.Jacobo@fortworthgov.org

CHEERS

to Bomber Heights residents
that are abiding by the recent
water restrictions!



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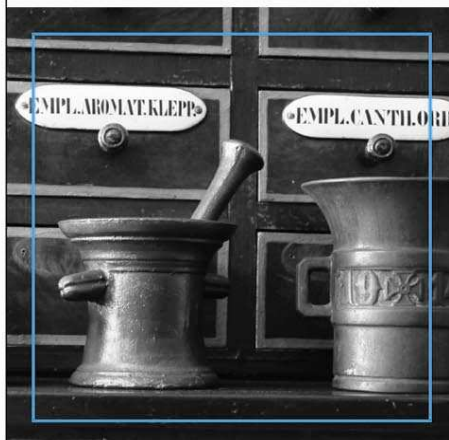
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BHNA Officers

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dawnfain@sbcglobal.net or
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Vice President – OPEN

vicepresident@bomberheights.org

Secretary

Zully Schultz (817) 692-0072
secretary@bomberheights.org

Treasurer - OPEN

treasurer@bomberheights.org

Volunteer Coordinator

Audra Andrews (817) 763-5453
volunteer@bomberheights.org

Hispanic Liaison

John Barcenas (817) 735-8350
liaison@bomberheights.org

Interested in Serving?

BHNA Volunteers Needed

If you are interested in volunteering for BHNA events
(see **Calendar of Events on page 7**) please email Audra
Andrews at volunteer@bomberheights.org.

*Volunteerism is highly encouraged.
Everyone has a place to serve and be a
great neighbor in our community.*

The Purpose of Bomber Heights Neighborhood Association

To provide an organized framework that
promotes, enhances and solidifies the
quality of life in the Bomber Heights
community through the active involvement
of its residents through educational and
charitable endeavors.

Check out our website!

www.bomberheights.org

Give us your feedback at newsletter@bomberheights.org