

# Bomber Heights



## NEIGHBORHOOD ASSOCIATION

September 2009  
4<sup>th</sup> Year, 9<sup>th</sup> Edition

P.O. Box 123204 Fort Worth, TX 76121  
[www.bomberheights.org](http://www.bomberheights.org)



### September Meeting: Green & Healthy Choices

Receive tips on how to save our planet as well as save you money!

Master Composter Meredith Chacin will be speaking on the benefits of composting and how to build and maintain a compost pile at your home.

A Shaklee representative will be available with the new "Go Green and Get Clean" program. Information will be provided on living healthy and cleaning without chemicals.

#### Join Us!

Monday, September 21<sup>st</sup>, 2009 at  
Agape Baptist Church Faith Hall  
Doors Open/Meet & Greet 6:30 p.m.  
Meeting Begins at 7:00 p.m.

### BHNA Upcoming Events

#### September

Trinity River Bash  
September 19<sup>th</sup>, 2009  
8:30am - 11:30am

#### October

Cowtown Brush Up  
October 3<sup>rd</sup>, 2009

National Night Out Celebration  
Oct. 6<sup>th</sup>, 2009 6pm to 8pm



## ***National Night Out Celebration***

**Tuesday, October 6, 2009**

**6:00 – 8:00 p.m.**

**@ South Z Boaz Park**

**(corner of Old Benbrook Rd. & Mary's Creek)**

*Hosted by:*

**Bomber Heights Neighborhood  
Association**

National Night Out is held annually  
and designed to:

- Heighten awareness of crime prevention
- Generate support for and participation in local anti crime efforts
- Strengthen neighborhood spirit and police/community partnerships
- *Send a message to criminals letting them know neighborhoods are organized and fighting back.*

**Celebrating 5 Years!**

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Since 2004*



***Keith Hays:***

***ASE certified  
Master Technician***

*Ford Motor Company Senior Master Technician*

***4300 Benbrook Highway***

***817 696 8888***



**EARLY  
NEIGHBORHOOD  
HISTORY  
MARY'S CREEK  
AREA**

**By Bob Adolph**

The Peter Boaz family arrived in Birdville from Kentucky in 1873 and the family subsequently moved to Benbrook in 1878. Z Boaz donated 136 acres to the city of Fort Worth as a public park in 1928 because Benbrook did not have a park department at the time. Hiram Boaz became a Methodist bishop in 1922 and President of both SMU and Polytechnic College in Fort Worth (later known as Texas Wesleyan).

The families that lived north of the railroad along Mary's Creek also built a school and church known as Chapin School. The school was named after an early settler I.H. Chapin.

Several cemeteries were established in 1867. The Willburn Cemetery is located at 3720 Streamwood Road which is now Ridglea Country Club Estates. The Willburn Cemetery has about 15 graves with burials from 1867 to 1924. The Burke Cemetery is located along Bryant Irvin Road. The Jackson Cemetery is located next to Leonard Middle School. In 1885 the Benbrook Cemetery was established. Graves from the Hunter, Day, January and Mustang Cemeteries were moved to the Benbrook Cemetery in 1947 to avoid Benbrook Lake's encroachment.

By 1900 some of the initial transportation routes were established that are in use today. The Texas & Pacific Railroad Line is now operated by Union Pacific and travels along Mary's and Walnut Creek. A rail accident at the Mary's Creek trestle reportedly sent 18 cattle cars into the creek in 1902 or 1903.

**(Watch for our next installment in October's edition.)**

**West Side  
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Fort Worth, TX 76116

817-560-1996

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**donwalker@charter.net**

## Crime Statistics Summary: August 2009

### Burglary of Habitation

8/7 7100 Block Willis Ave  
8/20 5000 Block Penrose  
8/26 5100 Block Pamela Dr  
8/27 3800 Block Marks Pl

### Burglary of Motor Vehicle

8/2 6900 Block Treehaven Rd  
8/3 7400 Block Overhill Rd  
8/9 4800 Block Mayfair St  
8/9 7400 Block Willis Ave  
8/13 7700 Block Camp Bowie West  
8/14 4700 Block Dilworth Ct  
8/17 7400 Block Ewing Ave  
8/26 7400 Block Willis Ave  
8/27 4900 Block Roanoke St  
8/27 7300 Block Culver Ave  
8/27 7800 Block Llano Ave

### Narcotics

8/8 7600 Block Dahlen  
8/27 3800 Block Benbrook Hwy  
8/28 5000 Block Benbrook Hwy

### Aggravated Assault

8/16 5000 Block Marks Pl

### Sexual Assault

8/26 7600 Block Chapin Rd

### Burglary of Building

8/26 4200 Block Benbrook Hwy



## TIRED OF CRIME?

Sign up for the  
Citizen's Police Academy  
Classes are held every  
Thursday 6 pm – 9 pm  
Through October 22<sup>nd</sup>, 2009

Contact Officer Ladd  
Phone (817) 851-9627  
Email [brent.ladd@fortworthgov.org](mailto:brent.ladd@fortworthgov.org)

## Your Neighborhood Market

Convenience, Value **24/7**  
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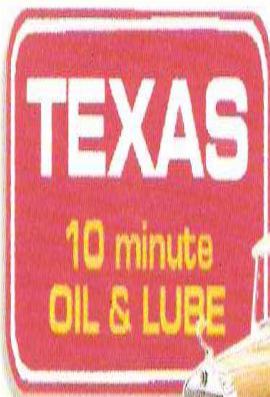
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**Important Numbers**

**BHNA City Council Member:**

Zim Zimmerman District 3 (817) 392-8803

Email: [district3@fortworthgov.org](mailto:district3@fortworthgov.org)

**Neighborhood Police Officer:**

Officer Brent Ladd (817) 851-9627

Email: [brent.ladd@fortworthgov.org](mailto:brent.ladd@fortworthgov.org)

**Code Enforcement Officer:**

Rayneice Jones-Asberry

Email: [rayneice.jones-asberry@fortworthgov.org](mailto:rayneice.jones-asberry@fortworthgov.org)

BHNA Meeting Minutes, once approved, are available to anyone upon request from the BHNA Secretary. Email [update@bomberheights.org](mailto:update@bomberheights.org) or call (817) 731-2228

**BHNA Treasurer's Report for August 2009**

Balance as of August 1st .....	\$5,582.14
Deposits for August.....	\$ 238.65
Expenses for August.....	\$ 339.86
Ending Balance as of August 31 <sup>st</sup> .....	\$5,480.93



**Tired of Crime in Your Neighborhood?**

Come to the Bomber Heights Citizens on Patrol Meeting  
**September 21, 2009 @ 6:15pm**  
3900 SW Blvd. Fort Worth, TX 76116  
Agape Baptist Church (Faith Hall)

See How You Can Team Up with Your Neighbors and the Fort Worth Police Department to Deter Crime and Make the Bad Guys Go Somewhere Else!



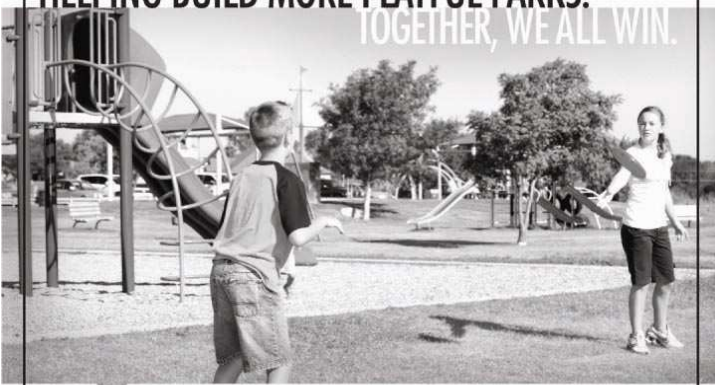
**Calling all Concerned Citizens!**

The last COP (Citizens on Patrol) training this year is October 17<sup>th</sup>, 2009 from 8 am to 4 pm

If you are interested in attending this training please contact Officer Ladd @ (817) 851-9627 or Carolee Presley at [caroleepresely@yahoo.com](mailto:caroleepresely@yahoo.com)

**Get Involved In Your Neighborhood!**

**HELPING BUILD MORE PLAYFUL PARKS.**  
TOGETHER, WE ALL WIN.



As the nation's largest independent producer of natural gas, Chesapeake knows the importance of providing a beautiful place where children of all ages can play. That's why we are proud to have sponsored the Bomber Heights Neighborhood Association in its efforts to revitalize South Z Boaz Park. When we have clean and pleasant parks, children win. Parents win. *Together, we all win.*

Chesapeake Energy is proud to have sponsored the Boaz Park improvement project. To learn more about natural gas and Chesapeake's role in the Barnett Shale, visit [www.AskChesapeake.com](http://www.AskChesapeake.com).



NYSE:CHK • Fort Worth, Texas • 817-502-5000 • AskChesapeake.com



**NO FLU FOR YOU**

Now is the time to start thinking about getting a flu shot. Your body needs time to develop the immunity a flu shot provides. Just about everyone can benefit from a flu shot, but people in the following groups are at high risk for complications from the flu and should get a flu shot between now and mid-November.

- Children ages 6 months to 2 years
- Adults ages 65 years and older
- Anyone ages 2 to 64 with underlying chronic medical conditions.
- All women who will be pregnant during the influenza season.
- Residents of nursing homes and long-term care facilities.
- Children ages 6 months to 18 years on chronic aspirin therapy.
- Health care workers involved in direct patient care.
- Out-of-home caregivers and household contacts of children age less than 6 months.

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**SCHOOL NEWS!**

**Luella Merrett Elementary**

**NEWS:**

"Named a Recognized Campus" for the first time since the 1999-2000 school year! The Super Bee students and staff are beaming with pride at their exciting accomplishment. Neighbors, be sure to stop by and express your congratulations.

**Leonard 6<sup>th</sup> Grade**

**OPEN HOUSE:**

Thursday, September 17<sup>th</sup>  
6:30 p.m.

**Leonard Middle**

**OPEN HOUSE:**

Monday, September 14<sup>th</sup>  
6 p.m. to 8 p.m.

We encourage and the community is welcome to visit your local schools and see your hard earned tax dollars at work.



# What If 10% Give Back Program

## Here's how it works!

Powered By Hawk Electronics at&t

By moving your cellular service to Hawk, you automatically help your community without having to do anything extra.

That's because we will donate 10% of the net proceeds from your monthly cell phone bill to the charity of your choice.

And it doesn't stop with your cell phone! All electronic purchases, such as games, gps units, tvs, stereos, bluetooth, etc. will also qualify for this program!

## So what's the catch?

There isn't one! Hawk will do all the work for you. Hawk will even pay your cancellation fees from your current cell phone provider and match any discounts you're already receiving! Sounds like a no brainer!

Organization Spotlight

# Bomber Heights



# www.WhatIf10.com

## Congratulations September 2009 Yard of the Month!!!



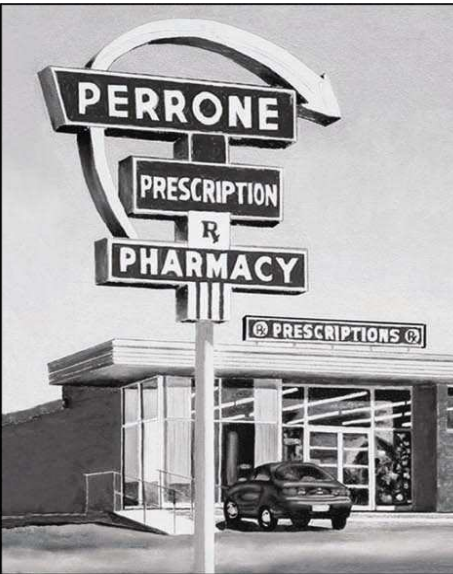
A nice, green lawn with shade trees, beautiful plants, and shrubbery near the main entrance welcomes visitors with vibrant color. This well maintained home located on Penrose is reflective of the owner's commitment and devotion.

*Thanks for being a great neighbor, taking pride in your own while enhancing the neighborhood, and making Bomber Heights a better place to live!*

As cooler weather arrives and Fall approaches, let's give neighbors something to enjoy.

*FYI: Make plans now – Holidays are approaching and BHNA will sponsor a "Holiday Decorations" contest. Homes with holiday decorations will be judged. The winner will receive a gift and be featured in our January newsletter. All residents, including members, will be eligible.*

www.perronepharmacy.com



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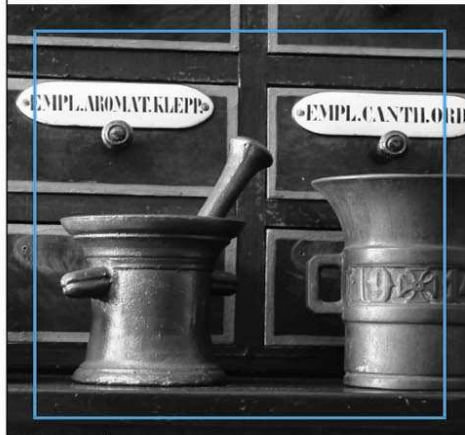
3921 Benbrook Highway  
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### COMPOUNDING SPECIALISTS

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**Heart Healthy Recipe**  
**In Under 30 Minutes**

**Fajita-Ranch Chicken Wraps**

**Makes: 4 servings**

**Start to Finish: 20 minutes**

**Ingredients**

- 12 oz skinless, boneless chicken breast strips for stir-frying
- 1/2 teaspoon chili powder
- 1/4 teaspoon garlic powder
- Nonstick cooking spray
- 1 small red, yellow, or green sweet pepper, seeded and cut into thin strips
- 2 tablespoons bottled reduced-calorie ranch salad dressing
- 2 10-inch whole wheat, tomato, jalapeño, or plain flour tortillas, warmed\*
- 1/2 cup Easy Fresh Salsa\*
- 1/3 cup reduced-fat shredded cheddar cheese

**Directions**

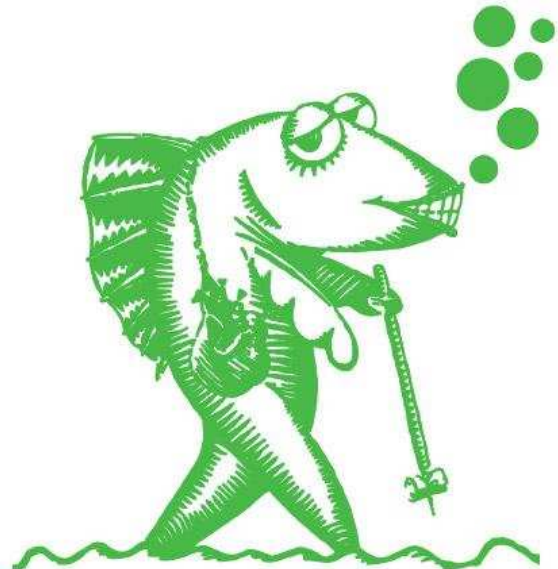
Sprinkle chicken strips with chili powder and garlic powder. Coat a medium nonstick skillet with nonstick spray; heat over medium-high heat. Cook chicken and sweet pepper strips in hot skillet over medium heat for 4 to 6 minutes or until chicken is no longer pink and pepper strips are tender. Drain if necessary. Toss with salad dressing.

Divide chicken and pepper mixture between warmed tortillas. Top with Easy Fresh Salsa and cheese. Roll up; cut in half.

\*To warm tortillas: Wrap tortillas tightly in foil. Heat in a 350°F oven about 10 minutes or until heated through.

\*Easy Fresh Salsa: In a medium bowl combine 2 seeded and chopped tomatoes, 1/4 cup finely chopped red onion, 1/4 cup chopped yellow or green sweet pepper, 2 to 3 teaspoons snipped fresh cilantro, 1/2 teaspoon minced garlic, 1/8 teaspoon salt, a dash of black pepper, and, if desired, a few drops bottled hot pepper sauce. Serve immediately or cover and chill for up to 3 days. Stir before serving. Makes 1 2/3 cups

<http://my.hearthealthyonline.com>



**Trinity River 2009**  
**TRASH BASH**

**Will You Be At The Bash?**

Join us as we clean up Mary's Creek.

**September 19<sup>th</sup> 2009**  
**8:30 am to 11:30 am**

Meet at the Willis Cul de Sac

To volunteer or for more information, please  
call Audra Andrews at (817) 763-5453

After party at:  
Rockwood Park  
701 N University Drive  
11:30 am to 1:30 pm

Free Food, Door Prizes, Radio Disney &  
Fort Worth Cats Mascot "Dodger"!

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(ad sizes are approximate.)



**Committees**

<b><u>Advertising</u></b> Dawn Fain Jarrod Roecker Bob Adolph	<b><u>Yard of the Month</u></b> Rick Presley Joe Andrews Janice Handley
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**Taking Back South Z Boaz Park Project**  
Audra Andrews  
Jarrod Roecker  
Dawn Fain  
John Barcenas

**BHNA Officers**

**President**  
Jarrod Roecker (817) 731-2228  
[president@bomberheights.org](mailto:president@bomberheights.org)

**Vice President**  
John Barcenas (817) 735-8350  
[vicepresident@bomberheights.org](mailto:vicepresident@bomberheights.org)

**Secretary**  
Velma Martin  
[secretary@bomberheights.org](mailto:secretary@bomberheights.org)

**Treasurer**  
Dawn Fain (817) 989-0910  
[treasurer@bomberheights.org](mailto:treasurer@bomberheights.org) or  
[dawnfain@sbcglobal.net](mailto:dawnfain@sbcglobal.net)

**Volunteer Coordinator**  
Audra Andrews (817) 763-5453  
[volunteercoordinator@bomberheights.org](mailto:volunteercoordinator@bomberheights.org)

## ***The Purpose of Bomber Heights Neighborhood Association***

To provide an organized framework that promotes, enhances and solidifies the quality of life in the Bomber Heights community through the active involvement of its residents through educational and charitable endeavors.