

Bomber Heights

NEIGHBORHOOD ASSOCIATION

May 2011
6th Year, 5th Edition

P.O. Box 123204 Fort Worth, TX 76121
www.bomberheights.org

Bomber Heights Neighborhood Association

Monday, May 16th, 2010
6:30pm Meet & Greet 7:00pm Meeting

**Agape Baptist Church, Faith Hall
3900 Southwest Blvd.**

Topic: “KnoWhat2Do”

Speaker: Keith Wells

Door Prize Drawing: Weather Radio



Dawn's Dialogue

Can anyone believe that 100+ temps are on the horizon? If you are sitting in the A/C, not affected by the heat, remember to check on your neighbors, pets and plants. After our April program “Neighbor Helping Neighbor” I really want to make sure that everyone takes the time to get to know their neighbors. Please watch out for those around you that are elderly and ask if they need help with any small chores.

If you haven't already done so, please “friend” Bomber Heights on Facebook to get updates and see what is happening in your neighborhood. Remember to use www.bomberheights.org as another resource and let us know if you have any ideas or suggestions to make it even better.

I look forward to seeing everyone at our next General Meeting. Keith Wells will be our guest speaker and he always presents an informative program. With our crazy Texas weather lately, I think we all need a refresher.

Your Neighbor and President,

Dawn Fain



BHNA 1st Annual Easter Egg Hunt

On Saturday, April 16th we held our first ever Easter Egg Hunt. With the help of a few "bunnies" over 500 eggs were hidden for those children in attendance with a prize egg in each age category.

We look forward to making this an annual event!



3rd Annual Cinco De Mayo / Picnic in the Park

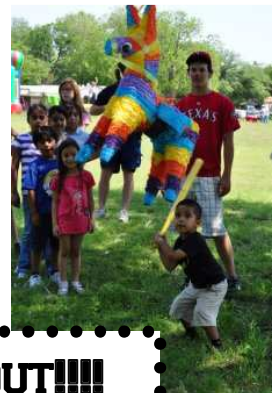


"Wish we had that much energy!"

Exhausted!



Awesome Bull Riders!



WATCH OUT!!!!

Sack Race Winners



Heart Healthy Recipe

Sparkling Red and Green Tea

(Power Food #10 "Tea")

Makes: 6 to 8 servings

Prep: 10 minutes Chill: 4 hours

Ingredients

- 4 individual size green tea bags
- 1 12 ounce can of frozen juice concentrate (such as cranberry-raspberry or apple-cherry)
- Sparkling water or club soda
- Berries and lemon wedges for garnish

Directions

Bring 2 cups water to boiling. Steep tea bags in boiling water according to tea package directions. Remove and discard tea bags. Stir the can of frozen juice concentrate into tea mixture. Cover and chill mixture until serving time. To serve, fill a tall ice filled glass 1/2 full with the tea mixture. Top with chilled sparkling water or club soda. Garnish with a few fresh berries and lemon wedge.

We all know you can drink tea, but you also can cook with it. Infuse rice by cooking in brewed Jasmine tea instead of water. Marinate poultry in brewed teas. Grind tea and white peppercorns together and use as a rub.

<http://my.hearthealthyonline.com>

BHNA Treasurer's Report for April 2011

Balance as of April 1st	\$5,261.39
Deposits for April.....	\$ 105.00
Expenses for April.....	\$ 387.60
Ending Balance as of April 30 th	\$4,978.79

BHNA Meeting Minutes, *once approved*, are available to anyone upon request from the BHNA Secretary. Email secretary@bomberheights.org or call (817) 692-0072.

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Congratulations May 2011 Yard of the Month!!!



Two large shade trees, encircled by low growing, colorful blooming plants in a rock bordered bed, highlight the entry sidewalk of this home. Luscious, green grass catches the eyes of those passing along Marks Place on the west side of SW Blvd., leading you to the awesome display of color. Simple lawn decorations accent the healthy shrubs, variety of rose bushes, potted plants, and hanging baskets lining the front entrance, a beautiful sign that Spring has arrived.

Thanks for being a great neighbor and doing your part in keeping Bomber Heights beautiful!
Welcome, new member, Sue McClure!!!! We look forward to seeing you at our upcoming General Membership Meeting in May!

MY GARAGE



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-BNA Business Member and Advertiser-



**Tired of Crime in Your Neighborhood?
Become a COP and Sign Up TODAY!!!**

Training Dates

August 13th
November 12th

8:00 am to 4:00 pm

Contact Officer Ladd
Phone (817) 851-9627
Email brent.ladd@fortworthgov.org

See How You Can Team Up with Your Neighbors and the
Fort Worth Police Department to Deter Crime and Make the
Bad Guys Go Somewhere Else!



Are You Having Concerns About The NEWS You Are Hearing?

Attend our monthly meetings and
Get The Facts.

- *District 3 City Councilman
- *Neighborhood Patrol Officer
- *Updates from Chesapeake
- *Code Compliance
- *Other Requested Resources

*General meetings are held the 3rd
Monday of each month (except
December).*

Remaining meetings are:

- ***May 17th** KnoWhat2Do
- ***June 21st** Safety Fair including RAPIDS
program, KID ID, Bike Rodeo, FWPD Patrol Unit and an
information table
- ***July 19th** TBA
- ***August 16th** TBA
- ***September 20th** TBA
- ***October 18th** TBA
- ***November 15th** Elections / Volunteer Appreciation

WANTED:



A good neighbor experienced in masonry to
complete a small job, bricking the base of our
community sign, as part of our Park Project.

*Materials will be provided

**Contact Audra Andrews at
(817) 763-5453 for more details**

Celebrating our 7th Year!

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Keith Hays:

**ASE certified Master
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**4300 Benbrook Highway
817 696 8888**



Safety Fair – Monday, June 21st

6 pm to 8pm

In conjunction with our General Meeting

Join BHNA and the FWPD for:

***Bike Rodeo – have your children bring their bikes and helmets to be inspected and ride the bicycle safety course.**

***RAPIDS – get your own bar codes to safeguard your high cost items.**

***KID ID**

***FWPD Patrol Unit on display**

***Information Table**

School News

LAST DAY OF SCHOOL
Monday, June 6th (Due to weather days)

Leonard 6th

Talent Show – May 20th at 4:30 pm

End of Year Awards Ceremony – May 24th at 9:50 am

Leonard Middle

Family Academic Night - May 19th 6:00 pm to 7:30 pm

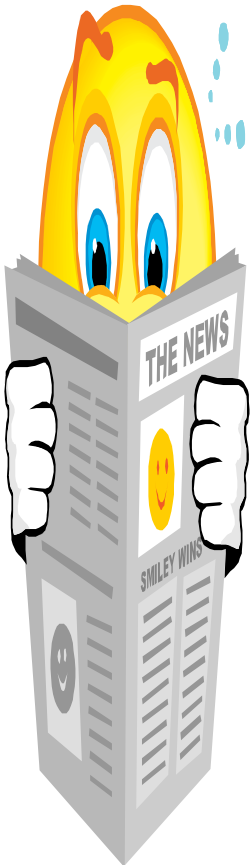
Pyramid Orchestra Middle – May 19th at 7:00 pm

End of Year 8th Grade Event - May 27th

Western Hills HS

WHHS Varsity Baseball finished 2nd in District and moved into the Playoffs. In the 1st round the Cougars swept Boswell winning Bi-District Playoff and move on to play Crowley May 12-14th. Way to Go Cougars!!!

Graduation - Saturday, June 4th. Congratulations to all of our graduating seniors!





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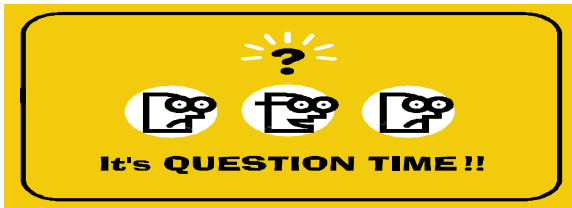
 EdHelpForParents.com

Passcode: **FORTWORTH-WESTERNHILLS**



**From the
“Green
Thumb”
Guy.....**

Wow! Spring is here in full force! The grass/weeds are growing like crazy! I thought I would pass along a few handy tips to help make your lawn just a little more beautiful. Now is the time to apply fertilizer to keep that healthy vigor throughout the growing season. A 3-1-2 ratio (such as 18-6-12) or 4-1-2 ratio analysis is perfect to get the job done. Look also for a fertilizer with extra sulfur and iron to lower the pH of the soil---allowing the plants to take full advantage of all the nutrients in the soil. Also look for a fertilizer with at least half the Nitrogen in a slow release form. There are many excellent fertilizers out there (synthetic or organic) for you to choose and always remember to follow the label directions. Mid-May is also the perfect time to apply a pre-emergent weed killer to help control those pesky summer weeds such as crabgrass, stickers (formally known as sandburs), or chickweed just to name a few. Pre-emergent weed killers are effective only if applied before the weeds germinate so try to get them applied ASAP. If you need help deciding which one to use ask for help from a qualified nurseryman, extension agent, or if all else fails, read the label! When it comes to watering, the key is less frequent deep watering instead of just a little squirt every morning. Deep watering promotes deep roots and makes the grass less susceptible to drought stress during the mega-hot weeks ahead. Morning is best to water your lawn. Don't be overly concerned if the grass looks a little wilted in the 105 degree heat of the afternoon. Wilting is a natural process to help prevent water loss from the leaves and doesn't necessarily mean the lawn is dry. A simple test is to walk across the grass. If you see your footprints in the grass after a few minutes it may be time to water! I'm sure I have left something out but oh well, always feel free to call me or any other qualified nursery professional with ANY questions you may have! That's what we're here for. I look forward to seeing everyone at the next meeting! Steve.



April General Meeting - Where Were You?

Ann-Maree Harrison with Meal on Wheels presented an informative session on ways to get involved in your neighborhood. The program “Neighbor Helping Neighbor” outlined simple things that our neighborhood can do to reach out to our older neighbors and ways to help them.

Bomber Heights NA would like to explore bringing this program to our neighborhood and using it as a way for everyone to get to know each other. Watch for more information in upcoming newsletters as well as future General Meetings.

**Don't miss the next General Meeting on
Monday, May 16th !!**

BHNA Calendar of Events

June
July
August
September

October
4th – National Night Out

November
Elections

Important Numbers

BHNA City Council Member:

Zim Zimmerman District 3 (817) 392-8803

Email: district3@fortworthgov.org

Neighborhood Police Officer:

Officer Brent Ladd (817) 851-9627

Email: brent.ladd@fortworthgov.org

Code Enforcement Officer:

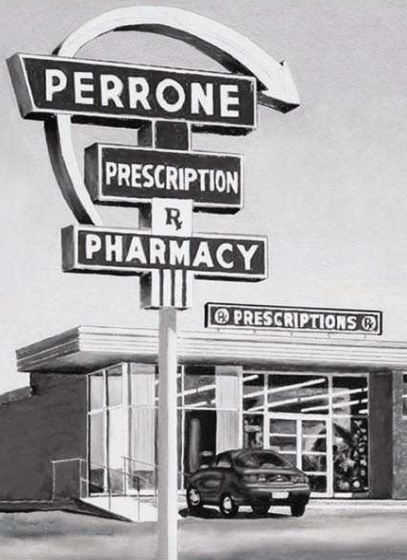
Autumn Jacobo (817) 965-6840

Email: Autumn.Jacobo@fortworthgov.org

CHEERS...to the new Branch Manager,
Sunbelt Rentals, *Kevin Corley!*

Welcome to Bomber Heights!

Thanks, Kevin, for your recent support during
our Cinco de Mayo/Picnic In The Park event
and we look forward to working with you in
the future!



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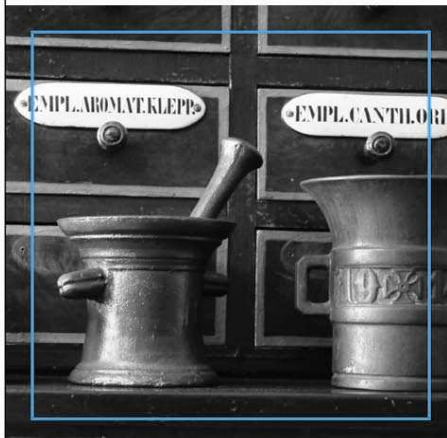
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volunteer@bomberheights.org

Hispanic Liaison

John Barcenas (817) 735-8350
liaison@bomberheights.org

Interested in Serving?

BHNA Volunteers Needed

If you are interested in volunteering for BHNA events
(see **Calendar of Events on page 7**) please email Audra
Andrews at volunteer@bomberheights.org.

*Volunteerism is highly encouraged.
Everyone has a place to serve and be a
great neighbor in our community.*

The Purpose of Bomber Heights Neighborhood Association

To provide an organized framework that
promotes, enhances and solidifies the
quality of life in the Bomber Heights
community through the active involvement
of its residents through educational and
charitable endeavors.

Check out our website!

www.bomberheights.org

Give us your feedback at newsletter@bomberheights.org